

The Resource Handbook is a tool to connect Nunavummiut to supportive resources while away from home.



Emergency & Support Services

Toronto Police Services – Aboriginal Community Liaison

(416) 808-7280
tps.ca

Handles non-emergencies, prevents crime, engages with the community, and offers police record checks. They also support online reporting for minor incidents and hate crime reporting.

INDIGENOUS-FOCUSED

Toronto Rape Crisis Centre

(416) 597-8808
trccmwar.ca

Provides 24/7 support and resources for survivors of sexual and gender-based violence, including a crisis line, counselling, and group support.



Miinga is a mobile app that helps you find mental health, emergency, and community resources in Nunavut.



miinga.ca

NATIONWIDE

811

Health services, advice, and information

Call/Text 211 or visit 211.ca

Directory of community services and programs (food banks, shelters, etc.)

National CRISIS LINES

Assaulted Women's Helpline

1-866-863-0511

Hope For Wellness Helpline

(Inuktitut Available)
1-855-242-3310

Kamatsiaqtut Helpline

(Inuktitut Available)
867-979-3333 or
1-800-265-3333

Kids Help Phone / Crisis Text Line

(All Ages)
Toll-Free: 1-800-668-6868
Text 686868 | Type "TALK"

Residential School Survivor's Helpline

1-866-925-4419

Suicide Crisis Hotline

Call or text 9-8-8

Toronto Distress Centre

24/7 Crisis Line
(416) 408-4357
Text: 45645



ᐱᓕᓕᓕᓕᓕᓕ ᐅᓕᓕᓕᓕᓕᓕ
NUNAVUMI MALIGALIQUOTIT
LAW SOCIETY OF NUNAVUT
BARREAU DU NUNAVUT



ᐱᓕᓕᓕᓕᓕ ᐅᓕᓕᓕᓕᓕᓕ
Access to Justice
Atuqtiitvik thuinaagtuiliyiniq
Accès à la justice

The Resource Handbook is funded by the Government of Nunavut and the Government of Canada



Canada



Comments are welcomed: info@lawsociety.nu.ca

www.uqaqatigiinni.ca

September 2025

Law Society of Nunavut

Resource Handbook



Toronto



EMERGENCY
(Police, Fire, Ambulance)

CALL 911



Community

ENAGB Indigenous Youth Agency

(416) 604-0300
enagb-ya.ca

Focuses on providing cultural, employment, life skills, holistic wellness and recreational opportunities to Indigenous youth ages 12-29.

INDIGENOUS-FOCUSED

Tungasuvvingat Inuit

(416) 801-2247
tionario.ca

Supports Inuit by offering community support, cultural education, family programs, food assistance, and health services.

INUIT-FOCUSED



Family

Native Women's Resource Centre

(416) 963-9963
nwrct.ca

Offers housing help, family support, wellness programs, trauma support, personal needs support (clothing, food bank, hygiene), job services, and cultural activities.

INDIGENOUS-FOCUSED

YWCA Toronto

(416) 961-8100
ywcatoronto.org

Helps women, girls and gender diverse people flee violence, secure housing, find jobs, establish their voices, enhance skills and develop confidence.



Health & Wellness

2 Spirit People of the 1st Nations

(416) 944-9300
Crisis Line: (416) 363-2999
2spirits.com

Helps 2SLGBTQ+ First Nations, Métis, and Inuit. They offer support, healthcare, HIV/AIDS education, needle exchange, harm reduction, domestic violence support, and host social events. They also provide counseling and cultural programs.

INDIGENOUS-FOCUSED

Anishnawbe Health Toronto

(416) 360-0486
Alternate Number: (416) 365-1083
24/7 Crisis Line: 1-855-242-3310
aht.ca

Provides healthcare to Indigenous clients using both traditional and Western approaches. They offer services like primary care, mental health support, substance abuse programs and traditional healing. They also have a mobile health unit and various community programs

INDIGENOUS-FOCUSED

Auduzhe Mino Nesewinong

(416) 654-4184
auduzhe.org

An Indigenous-led healthcare centre offering culturally safe care, blending Western medicine with traditional healing.

INDIGENOUS-FOCUSED

Call Auntie Clinic

(437) 703 8703
callauntieclinic.com

An Indigenous-led healthcare space, offering low-barrier sexual and reproductive health services.

INDIGENOUS-FOCUSED

CAMH Aboriginal Services: Shkaabe Makwa Clinic

(416) 535-8501 Ext. 2
camh.ca

Helps First Nations, Métis and Inuit with mental health and substance use issues. They offer group therapy, traditional ceremonies, and support from Elders, combining both Western and traditional healing methods.

INDIGENOUS-FOCUSED

Sexual Health Infoline Ontario (SHILO)

1-800-668-2437
sexualhealthontario.ca (chat available)

Offers free and anonymous support by chat or phone for questions about sexual health. They can help provide information on STIs, contraception, pregnancy, sexual orientation, and more.



Legal Help

Aboriginal Legal Services

(416) 408-4041
aboriginallegal.ca

Offers legal services through their community clinic for low income First Nations, Métis, and Inuit in the GTA such as housing, social assistance, status appeals, police complaints, and human rights.

INDIGENOUS-FOCUSED

Schlifer Legal Clinic

(416) 323-9149
schliferclinic.com

Offers free legal, counselling and interpretation services to marginalized and racialized populations of women who have survived violence, as well as gender diverse people from diverse communities, to navigate legal challenges.

The 519: Health Justice Hub

(416) 392-6874 Ext. 4031
Text: (416) 995-6241
the519.org

Supports 2SLGBTQ+ communities with legal help, health services, housing support, arts programs, wellness initiatives, and family services. They also have programs for newcomers, older adults, and youth in the community.

Thunder Women Healing Lodge Society

1-866-508-6229
twhls.ca

Helps First Nations, Métis, and Inuit women, including 2SLGBTQIA+ women, who are leaving the justice system or dealing with trauma. They provide support and services to help them heal and reconnect with their culture.

INDIGENOUS-FOCUSED