The Resource Handbook is a tool to connect Nunavummiut to supportive resources while away from home.



Emergency & Support Services

Child and Family All Nations Coordinated Response Network (ANCR)

(204) 944-4200 1-888-945-2627

ancr.ca

Provides emergency and non-emergency child welfare services, focusing on intake, assessment, abuse investigation, and early intervention. With an emphasis on culturally appropriate care it serves a large Indigenous population and incorporates traditional practices to support families and children in need.

INDIGENOUS-FOCUSED

Crisis Response Centre (CRC)

Crisis Services: (204) 940-1781

Child & Youth Mental Health: (204) 958-9660

Family Peer Support: (204) 940-2376

Manitoba Addiction Helpline: 1-855-662-6605

mbaddictionhelp.ca

Offers immediate mental health support, including 24/7 crisis intervention, assessments, and addiction treatment services

Ikwe Widdiiitiwin

Ikwe Crisis Line: 1-877-977-0007

ikweshelter.ca

An Indigenous-led shelter dedicated to supporting women and children fleeing gender-based violence, offering crisis intervention and culturally grounded services.

INDIGENOUS-FOCUSED

Miinga

Miinga is a mobile app that helps you find mental health, emergency, and community resources in Nunavut.



miinga.ca

NATIONWIDE

811

Health services, advice, and information

Call/Text 211 or visit 211.ca

Directory of community services and programs (food banks, shelters, etc.)

Manitoba crisis lines

Domestic Violence Crisis Line

1-877-977-0007

Manitoba Sexual Assault
Crisis Line

(204) 786-8631 1-888-292-7565 Manitoba Suicide Prevention & Support Crisis Line (24/7)

(204) 786-8686 1-888-322-3019

National CRISIS LINES

Suicide Crisis Hotline

Call/Text 988

Kamatsiaqtut Helpline (Inuktitut Available)

1-800-265-3333

Kids Help Phone / Crisis Text Line

(All Ages)

1-800-668-6868 Text 686868 | Type "TALK" Assaulted Women's Helpline

1-866-863-0511

Residential School Survivors Helpline (Inuktitut Available)

1-866-925-4419

Hope For Wellness Helpline

(Inuktitut Available)

1-855-242-3310



Λζ^αα ^{το}λσ^{το} Δ^τοδΟΔͿ⁵ΣΣσ Access to Justice Atuqtittivik Ihuinaaqtuliqiyinik Accès à la justice

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Canada



Comments are welcomed: info@lawsociety.nu.ca

www.uqaqatigiinniq.ca

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Law Society of Nunavut

Resource Handbook









Agape Table

(204) 783-6369 agapetable.ca

Addresses food insecurity by providing free breakfasts and family food hampers to those in need. It operates with volunteer support and community donations, serving individuals facing poverty and homelessness.

Street Connections

(204) 981-0742 streetconnections.ca

Provides outreach services to reduce the spread of sexually transmitted and blood-borne infections (STBBIs), including hepatitis C and HIV, and reduce other drug-related harms.

Union Gospel Mission

(204) 943-9904 gospelmission.ca

Offers daily hot meals, chapel services, and a drop-in center providing coffee, snacks, showers, and clothing.



Legal Aid Manitoba

(204) 985-8500 1-800-261-2960 legalaid.mb.ca

Helps people- individuals and groups – who need a lawyer but who cannot afford to pay for one.

Winnipeg Police Non-Emergency

(204) 986-6222 winnipegpolice.ca

Provides policing services, focusing on crime prevention, investigation, and collaboration with local organizations for public safety.



Ma Mawi Wi Chi Itata Centre Inc.

(204) 925-0300 mamawi.com

An Indigenous-led organization, dedicated to supporting the well-being of families and communities by offering a wide range of culturally grounded services.

INDIGENOUS-FOCUSED

Manitoba Inuit Association

(204) 774-6848 manitobainuit.ca

Delivers a wide range of Inuit-focused services and programs designed to support and uplift the lives of Inuit throughout Manitoba. Provides Inuit court workers to the court worker program through the Manitoba Court of Justice.

INUIT-FOCUSED

Rainbow Resource Centre

(204) 474-0212 1-855-437-8523 rainbowresourcecentre.org

Provides a wide range of services and programs to support Manitoba's 2SLGBTQQIA+ community, including counselling, youth programs, social groups, and educational outreach.

Resource Assistance for Youth (RAY)

(204) 783-5617 rayinc.ca

Helps youth under 29 facing homelessness or other challenges. They provide a range of services designed to meet youth needs in a supportive and accessible way.

Tunngasugit Inuit Resource Centre

(204) 416-8910 tunngasugit.ca

Helps Inuit families and individuals transition to city life while staying connected to their culture. They offer programs like housing help, health support, and cultural programs.

INUIT-FOCUSED



Indigenous Health Sciences Centre

(204) 787–3661 1–877–499–8774 hsc.mb.ca

Provides culturally appropriate support for First Nations, Métis, and Inuit patients, including interpreters, traditional ceremonies, and advocacy. These services are free and confidential. For Inuit languages interpreters, call: Kivallig Inuit Services: 204–989–1021.

INDIGENOUS-FOCUSED

Klinic Community Health

1-888-322-3079 Crisis Line (204) 786-8686 klinic.mb.ca

Offers a variety of health services, including medical care, addiction support, and specialized care for reproductive and transgender health. They also provide 24/7 crisis support, counseling, and educational programs to support mental well-being in the community.

Native Addictions Council

(204) 586-8395 1-844-297-2284 nacm.ca

Supports Indigenous individuals on their path to recovery with land-based programs, traditional knowledge, and compassionate support.

INDIGENOUS-FOCUSED

Red Road Lodge

(204) 294–8670 redroadlodge.ca

Offers safe housing and a range of recovery services for individuals facing homelessness, addiction, and mental health challenges, including arts programs and job readiness training.

Uquutaq Society - Larga Kivalliq

(204) 774-5110

Offers housing for Inuit patients traveling from Nunavut for medical care in Winnipeg. They provide services like transportation, meals, and cultural support to help travelers during their stay.

INUIT-FOCUSED